



NEWS RELEASE

Fulcrum Health Chief Clinical Officer, Vivi-Ann Fischer, Named to Fraser Board of Directors

Fischer will support Fraser's mission of making a meaningful and lasting difference in the lives of children, teens, adults, and families with special needs.

Plymouth, MN (December 21, 2020) — [Fulcrum Health, Inc.](#) announced today that chief clinical officer [Vivi-Ann Fischer](#) has been appointed to the Board of Directors for [Fraser](#), a nonprofit organization that helps Minnesota families navigate the path of autism, mental health, and special needs at every stage of life. Fischer joined the board December 1, 2020.

Members of the Fraser board all have a personal or professional connection to the organization, which is Minnesota's largest provider of autism and early childhood mental health services.

"I have personally seen how critical the support is that Fraser provides for families who are navigating autism and mental health challenges. By helping with healthcare, housing, education, and employment services, Fraser makes a meaningful difference in the lives of children and families with special needs," said Fischer. "Fraser's mission of helping people aligns closely with the work we do at Fulcrum Health, and I am proud to play a role in supporting their mission to improve the lives of Minnesotans."

Fraser board members serve a three-year term providing oversight and guidance for the organization's activities.

Fischer earned a Doctor of Chiropractic degree from Northwestern Health Sciences University. She founded Plymouth Grove Chiropractic, P.A., in 1988 and practiced there for more than 24 years. Fischer joined Fulcrum Health, a nonprofit physical medicine management organization, in 2012. She has also served on the board of trustees at her alma mater and on the board of directors for the Minnesota Chiropractic Association.

To learn more about Fulcrum Health, visit fulcrumhealthinc.org. To learn more about Fraser, visit www.fraser.org.

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About Fulcrum Health

Fulcrum Health, Inc. is a nonprofit, NCQA accredited, physical medicine management organization delivering quality care through its credentialed chiropractic providers for over 35 years. Its product offerings include chiropractic, acupuncture, massage therapy, and pain management services. Serving 2.1 million members in the Midwest, Fulcrum continues to offer innovative and inspiring ways to leverage physical medicine that help lower health care costs, achieve better outcomes, and increase patient satisfaction. Fulcrum Health is a multiple year recipient of the Press Ganey Guardian of Excellence Award for outstanding performance in patient satisfaction. For more information, visit fulcrumhealthinc.org. Follow us on [LinkedIn](#) and [Facebook](#).

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